

All Things Can Be Done Through Christ  
(Philippians 4:4-13)

Introduction:

1. As we observe our 4<sup>th</sup> anniversary as a congregation, we are emphasizing the statement written by the apostle Paul in Philippians 4:13.
2. In our lesson we are examining:
  - a. 4 things that Paul did through Christ
  - b. 4 things that Christ wants us to do through Him.
3. Let us first consider . . .

Discussion:

- I. 4 THINGS THAT PAUL DID THROUGH CHRIST
  - A. As we do so, let us keep in mind the statements Jesus made to the apostles in:
    1. Matthew 17:20 -- *"nothing shall be impossible unto you"*
    2. John 15:5 -- *"without me ye can do nothing."*
  - B. Paul certainly believed that he could do all things through the Lord.
  - C. Through Christ,:
    1. Paul learned to be content (Philippians 4:10-18)
    2. Paul endured his *"thorn in the flesh"* (2 Corinthians 12:7-10)
    3. Paul overcame his past (1 Timothy 1:12-17)
    4. Paul faced death with confidence (2 Timothy 4:16-18).
  - D. It is important for us to see how Paul was able to do all things through Christ because we are to follow his example (Philippians 4:9; 1 Corinthians 11:1).
  - E. Let us turn our attention to . . .
- II. 4 THINGS THAT CHRIST WANTS US TO DO THROUGH HIM
  - A. Let us be reminded of the instructions given in Philippians 4:4-8.
  - B. As we consider these instructions, let us take the approach that we will do these things through the Lord.
    1. (vs.4) Through Christ, we will "rejoice always."
    2. (vs.5) Through Christ, we will practice "moderation" [forbearance] with everyone.
    3. (vs.6-7) Through Christ, we will overcome "anxiety."
      - a. The key to overcoming anxiety is given in vs.6b.
      - b. The blessing associated with overcoming anxiety is given in vs.7.
    4. (vs.8) Through Christ, we will think on the right things (Proverbs 23:7a).
  - C. There are many other things that the Lord wants us to do through Him, but practicing these 4 activities will help us as we look forward to serving Him throughout our 5<sup>th</sup> year.

Conclusion:

1. Before we can do all things through Christ, we must get into Him.
2. In Acts 16 we are shown how several people in Philippi got into Christ.
  - a. (vs.14-15) Lydia and her household were saved.
  - b. (vs.29-34) The jailer and his household were saved.
3. After a person gets into Christ he has the assurance that *"I can do all things through Christ which strengtheneth me."*