

The One God and Father Is Our Refuge
(Psalm 46)

Introduction:

1. In Ephesians 4:6 the Bible states that there is *"one God and Father of all, who is above all, and through all, and in you all."*
2. This morning we covered some of the information revealed in the Bible concerning the one God and Father.
3. This evening we are concentrating on the message presented in Psalm 46.
4. This psalm emphasizes the fact that "the one God and Father is our refuge."

Discussion:

- I. PSALM 46 STATES 3 TIMES THAT *"GOD IS OUR REFUGE"*
 - A. This statement is made:
 1. at the beginning (vs.1a)
 2. in the middle (vs.7b)
 3. at the conclusion (vs.11b).
 - B. This point is made numerous times throughout the Psalms.
 1. 9:9
 2. 62:7-8
 3. 142:4-5
 - C. In addition to stating that *"God is our refuge,"* Psalm 46 identifies God as:
 1. our *"strength"* (vs.1b)
 2. *"a very present help in trouble"* (vs.1c).
- II. THE FACT THAT *"GOD IS OUR REFUGE"* WILL HELP US OVERCOME *"FEAR"*
 - A. Natural calamities such as those listed in vs.2b-3 can cause us to fear.
 - B. However, God provides "peace" (vs.4) and "security" (vs.5).
 - C. The ungodly activities of men such as those listed in vs.6a can cause us to fear.
 - D. However, God remains in control (vs.9).
- III. WE MUST NOT LOSE SIGHT OF THE FACT THAT *"GOD IS OUR REFUGE"* DURING TIMES OF *"TROUBLE"*
 - A. *"Trouble"* can lead to *"fear,"* and *"fear"* can prevent us from taking advantage of the *"refuge"* that God provides.
 - B. During times of *"trouble,"* let us:
 1. remember that *"the Lord of hosts [the God of Jacob]"* is with us (vs.7, 11)
 2. *"behold the works of the Lord"* (vs.8, Psalm 124)
 3. *"be still"* and know God (vs.10a)
 4. always exalt God (vs.10b).

Conclusion:

1. God's children have access to many special blessings.
2. One blessing is the fact that "the one God and Father is our refuge."