

Let Us Bless the Lord at All Times  
(Psalm 34:1)

Introduction:

1. In this verse David expressed his intention to bless the Lord.
2. This morning we studied a number of verses from David's Psalms in which he taught God's people to bless the Lord.
3. This evening we are basing our lesson on 3 New Testament passages that have something in common -- they all contain the expression "Blessed be God."
4. Our study is designed to help us understand why God deserves to be blessed.

Discussion:

I. LET US FIRST EXAMINE 1 PETER 1:3-4

- A. According to vs.1-2, Peter wrote this letter to Christians.
- B. Peter stated that God is blessed for begetting Christians again "unto a lively hope."
- C. Later in this chapter, Peter revealed:
  1. the price that was paid for our redemption (vs.18-19)
  2. the process whereby our souls are purified (vs.22-23; John 3:5).
- D. When God begets us again we gain a special inheritance (vs.4).
- E. God deserves to be blessed because He has demonstrated His "abundant mercy" as He has (Psalm 136:1).

II. NEXT, LET US EXAMINE EPHESIANS 1:3

- A. According to vs.1-2, Paul wrote this letter to Christians.
- B. Paul stated that God is blessed for blessing Christians with "all spiritual blessings."
- C. Later in ch.2, Paul revealed:
  1. the condition of those who have not been begotten again (vs.12)
  2. the price that was paid so we can draw near to God (vs.13).
- D. Several spiritual blessings are mentioned in ch.1, including:
  1. being chosen (vs.4)
  2. being adopted (vs.5)
  3. being accepted (vs.6)
  4. redemption and forgiveness (vs.7)
  5. obtaining an inheritance (vs.11).
- E. God deserves to be blessed because He has blessed His children with "all spiritual blessings."

III. LAST, LET US EXAMINE 2 CORINTHIANS 1:3-4

- A. According to vs.1-2, Paul wrote this letter to Christians.
- B. Later in 5:17, Paul showed how we become new creatures when we get into Christ (Galatians 3:27).
- C. God deserves to be blessed because of:
  1. who He is (vs.3) -- "the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort"
  2. what He does (vs.4) -- He blesses His children with "comfort" (Psalm 23:4).
- D. God's children are not immune to losses and periods of sadness (11:24-28).
- E. God deserves to be blessed because He provides comfort to His children.

Conclusion:

1. These passages from the New Testament explain why God deserves to be blessed.
2. Let us adopt David's philosophy he expressed in Psalm 34:1.