

The Psalms
(Lesson 22)

Introduction:

1. The book of Psalms is a collection of 150 poems, songs, prayers, and prophecies recorded over a long period of time by a number of people.
2. According to Luke 24:44, some things were written in the Psalms about Jesus that He fulfilled.
3. To illustrate:
 - a. Jesus' crucifixion was prophesied in Psalm 22:1, 7-8, 18 (Matthew 27:46, 39-40, 35)
 - b. Jesus' priesthood was prophesied in Psalm 110:4 (Hebrews 5:5-10).
4. In this lesson we are examining Psalm 16 in which Jesus' resurrection was prophesied.
 - a. (vs.1-7) David asked God to preserve him.
 - b. (vs.8-11) David showed how God would preserve His Holy One.

Discussion:

- I. (vs.1-7) DAVID ASKED GOD TO PRESERVE HIM
 - A. This Psalm begins with a request.
 1. (vs.1a) David's request was "*Preserve me.*"
 2. Similar requests are found throughout the Psalms (25:20; 86:2).
 - B. David made his request of "God."
 - C. David's request was based on his relationship with God.
 1. (vs.1b) David had put his trust in God.
 2. (vs.2) David recognized God as his Lord.
 3. (vs.3-4) David's associates reflected his relationship with God.
 - a. (vs.3) He delighted to be with "*saints.*"
 - b. (vs.4) He avoided those who follow other gods.
 4. (vs.5-6) David recognized God as the source of his blessings.
 5. (vs.7) David was thankful for God's instruction.
 - D. After asking God to preserve him, . . .
- II. (vs.8-11) DAVID SHOWED HOW GOD WOULD PRESERVE HIS HOLY ONE
 - A. David's use of personal pronouns seems to indicate that he was writing about himself.
 - B. However, David was writing about God's "*Holy One*" (vs.10).
 1. His flesh would "*rest in hope*" (vs.9).
 2. His soul would not be left in Hades (vs.10a).
 3. He would not see "*corruption*" (vs.10b).
 4. He would be at God's right hand forever (vs.11).
- III. TWO INSPIRED APOSTLES APPLIED DAVID'S PROPHECY TO JESUS' RESURRECTION
 - A. Peter -- Acts 2:22-36
 - B. Paul -- Acts 13:14-16, 26-37
- IV. THE GOSPELS SHOW HOW DAVID'S PROPHECY WAS FULFILLED
 - A. Jesus was crucified on Friday [the day of preparation] (Mark 15:15, 24-25).
 - B. Before Jesus died, He said He was going to "*Paradise*" (Luke 23:43).
 - C. After hanging on the cross for about six hours, Jesus died (Mark 15:33-37; James 2:26).
 - D. Jesus' body was buried Friday afternoon (Mark 15:42-47).
 - E. Jesus was resurrected early Sunday morning (Mark 16:1-6).
 - F. After spending some time with His followers, Jesus ascended to heaven where He is at God's right hand (Mark 16:19).